

2025-2026 Rules and Policies

Level 1-5 Competitions

(There is no longer achievement as of Fall 2026)

Number of Meets

- A minimum of three District Meets will be offered.
- One District Championship
- One North and South State Championship (Culminating Meet) for Level 3
- One North and South State Championship for Levels 4 & 5
- One State Championship for Level 4 & 5.

Entry Fees/Guidelines

- **\$80.00 District Meets & District Championship Entry Fee**
- **\$120.00 North/South State Championship Entry Fee**
 - **\$5.00 per entry must be sent to the RACC (Kim Lauderdale) for the Regional Apparel Fund**
 - **\$2.00 per entry must be sent to the State Chair (Debbie Williams) for the Head Tax Fee**
 - **\$25.00 Leotard Fee (Meet Director must send monies to State Chair)**
- **\$85.00 North/South State Championship Entry fee – Level 4/5 North/South only**
 - **\$2.00 per entry must be sent to the State Chair (Debbie Williams) for the Head Tax Fee**

It is mandatory, per USA Gymnastics to enter all USAG Sanctioned Competitions on the USA Gymnastics Reservation System. This is not in lieu of a paper entry; payment and paper entries must be mailed by the postmark deadline on the Competition Deadline Chart (may be found on the TXUSAG.com website under Meet Director or Meet Info)

- Entries and online reservations received after the deadline may be accepted by the meet director on space availability, with the approval of the competition committee. A late fee of 30% of the total entry fee will be assessed up to \$500 per entry, as well as possible additional penalties according to the circumstances that surround the late entry.
- Entry Fee refunds may be given prior to the Entry Deadline. Fees are non-refundable after the deadline. Please see the official competition deadline chart for specific dates. (May be found on the Txusag.com website under Meet Director or Meet Info)

Gate Fees

- **Districts, District Championships & North/South State Meets**
 - Adults \$15 per day
 - Children 12 & under/ Seniors 60+ \$10 per day
 - Outside facility / Adults \$20 per day
 - Outside facility / children 12 & under/Seniors 60+ \$15 per day

Judges

- Judges must hold a Level 4/5 or above rating.
- District Qualifiers & District Championships- 2 judges per panel.
- North & South State Championships – 2 judges per panel, plus a separate meet referee.
- Texas NAWGJ will assign judges for District Qualifying competitions and District Championships.
- The State Administrative Assignment Committee will determine the final selection of officials for the State Championships.
- The final score of each athlete will be flashed on all individual events.

Event Awards

- Official USAG State Championship Medals are required at the State Championships. Order the Official USA Gymnastics State Championship medals through the State Chair.

- Events: 50% of the athletes entered in each Age Group must be recognized with Medals on each of the four (4) individual events.
- 100% of the athletes must be recognized in the All Around with medals.
- The Meet Host is financially responsible for the state medals.
- The medals must be 2" in size and must be made of metal for District Qualifiers, Championship Meets and North/South State Meets (except Level 3 North/South State must use Official State medals).

Team Competition – North/South & State

- Large Team: Clubs entering Team Competition with 11 or more athletes will be placed into Large Team competition. 7 scores will count for Large Team Competition.
- Medium Team: Clubs entering Team Competition with 6-10 athletes will be placed into Medium Team competition. 5 scores will count for Medium Team competition.
- Small Team: Clubs entering Team Competition with 3-5 athletes will be placed into Small Team competition. 3 scores will count for Small Team competition.
- Top three places in each team size will be awarded
- TEAM SIZE MAY NOT CHANGE AFTER THE MEET DEADLINE.
- Team Entry is \$35 per team for North/South State (except Level 3 North/South – see below)
- *****No charge for team competition at the state meets including Level 3 North/South. All clubs will be entered in team competition based on the number of athletes registered.*****
- All State Banners including Level 3 North/South will be ordered by the State Chair, host must send in a request.
- All other North/South State (except Level 3) meets are recommended to use the official Banner supplier company, but is not required, as long as the banner supplier chosen meets state size, weight and quality requirements of the banner. (Approval by the SACC)

Team Competition – District Qualifiers and District Championships (new 2024)

- Small Team – Clubs entering Team Competition with 3-6 athletes will be placed in Small Team competition. 3 scores will count for small team.
- Large Team – Clubs entering Team Competition with 7 or more athletes will be placed in Large Team competition. 5 scores will count for large team.
- Team entry fee is \$35 per team for District Qualifiers and District Championships
- The top three places in each team size will be awarded.
- The official Banner supplier company is recommended for ALL District Qualifiers & District Championships, but is not required, as long as the banner supplier chosen meets state size, weight and quality requirements of the banner. (Must get approval from the SACC)

Qualifying Procedures

- Athletes may NOT compete outside of their home district for any District Qualifier or District Championship.
- Compulsory Invitational Competitions are not recognized for Qualification to District Championships, North or South State Championships.
- District Meets: No score needed to enter. All registered USAG athletes training at a club within the district may enter the competition.
- District Championships: 20.00 AA achieved at a District Qualifier needed to enter.
- North/South State Championships
 - Qualification will occur at District Championships.
 - 360 total athletes from Districts 1, 2 & 3 District Championships will advance to the USAG Texas State Championships held in North Texas based on a % of a % from each age group, if needed.
 - 360 total athletes from Districts 5, 6 & 7 District Championships will advance to the USAG Texas State Championships held in South Texas based on a % of a % from each age group, if needed.

- An additional 60 athletes will advance to North or South State Championships “AT LARGE” based on All Around score; 30 of the 60 At large will advance from North State and 30 of the 60 At large will advance from South State regardless of age group or geographical location.
- **State Championships**
 - Advancement to State Championships will be a % of % of each age group, qualifying the first 300 athletes from the North/South State Championships.
 - An additional 60 athletes will advance to State Championships “AT LARGE” based on All Around score; 30 of the 60 At large will advance from North State and 30 of the 60 At large will advance from South State regardless of age group or geographical location.

Special Rules

- Gymnast must have reached her 4th birthday to compete Level 1 (she may compete on her 4th birthday).
- Gymnast must have reached her 5th birthday to compete Level 2 (she may compete on her 5th birthday).
- Gymnast must have reached her 6th birthday to compete Level 3 (she may compete on her 6th birthday).
- Gymnast must have reached her 7th birthday to compete Level 4 & 5 (she may compete on her 7th birthday).
- Gymnast may *drop back one level 1 week prior* to entry deadline for District Championships.
- The ultimate goal is to have approximately 15 athletes per age group.
- Athletes will not necessarily remain in the same Age Group from meet to meet based on the rule of redistribution of Age Groups (determined by all entries and divided into equal Age Groups based on D.O.B.).
- Age Groups for District Meet will be as follows: Jr. A, Jr. B, Jr. C, Sr. A, Sr. B, Sr. C.
- For District Qualifiers & District Championships competitive order may be by team or by age group. At North/South, draw MUST be by Age Group (per USAG Rules & Policies). Contact Competition Chairs for assistance).
- Compulsory Invitationals *may not* be used to qualify to District Championships, North or South State Championships or State Championships.
- Mobility to Level 4 is a 32.00 All Around, as a Level 3 athlete.
- Mobility to Level 5 is a 34.00 All Around as a Level 4 athlete.
- Mobility to Level 6 from Level 4 requires two 36.00 AA scores from the current or previous season.
- Mobility to Level 6 or 7 is a 32.00 All Around as a Level 5 athlete.
- **North & South State Championships**
 - Age Groups for North and South State Championships will be as follows: Jr. A, Jr. B, Jr. C, Sr. A, Sr. B, Sr. C. with at least 3 sub-divisions per age group; Example Jr. A1, Jr. A2, Jr. A3.
 - In the event entry numbers are low, the number of age groups may be reduced with the approval of a competition chairperson.
 - **The ultimate goal is to have approximately 14 to 16 athletes per age group.**
 - The schedule for State Meet is determined by the SAC and will consist of approximately 60 athletes. The order of the sessions will be Sr. C to Jr. A.

Event Specialist – There are no specialist in Compulsory.